



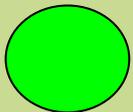
# Minstead

# July 2026



# What is Minstead?

- A unique outdoor learning experience where children can learn about sustainability and the environment.
- Residential trip – 2 nights
- Located in Minstead, near Lyndhurst, Hampshire



# When?

Oak - Monday 13th July - Wednesday 15th  
July

Hazel - Wednesday 15th July - Friday 17th July

Ash - Monday 20th July - Wednesday 22nd  
July

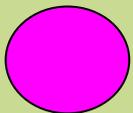
Arrive around 10.30am

Depart around 13.30pm



# Why go?

- Develop independence
- Team building and co-operation
- Develop social skills
- Develop friendships
- Learn about our local eco-systems
- Healthy lifestyle
- Have fun!



# Outdoors and beauty of nature



Nature walk

Beads



Stay in a lodge



Treasure hunt



Habitats

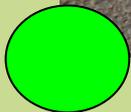


Make a fire



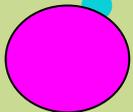
# Eco-Awareness

- Electricity/ gas monitor chart
- Water monitoring
- Energy loss
- Thermo heat camera to look at energy loss
- Solar energy – helicopters
- Waste disposal
  - Food waste
  - Wormery



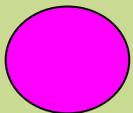
# How does it help their Independence?

- Staying away from home
- Responsibility
- Organisation
- Packing
- Making beds
- Road Safety
- Daily routines
- Setting and clearing the table
- Making their lunch



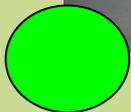
# How does it help their Social Development?

- Being away from home
- Developing friendships
- Different relationships with friends
- Communication with adults
- Table manners
- Trust
- Handling emotions



# Accommodation

- Eco-Dormitory – beautiful timber framed building with solar heating and rainwater capture
- Teacher bedrooms closely linked to both dormitories
- Security – all cabins locked (Yale lock)
- Bunk beds
- Modern washrooms in each dormitory
- Single gender dormitories – one for girls and one for boys
- The Bean Bag Room for evening relaxation
- Energy display showing the children's daily energy and water use.

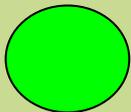


# Meal Times

- Mindful not be wasteful
- Home grown food
- Table manners
- Dietary requirements made known to kitchen staff
- Cooked breakfast
- Lunch – choice of sandwiches, fruit and cake
- Dinner – main meal and pudding
- Pre-bed supper of milk and biscuits

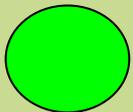


**Captain Responsibility** says: "I must not forget to eat a healthy balanced diet!"



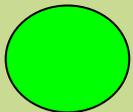
# What the Parents said...

- Really enjoyed the trip came home full of smiles having enjoyed a wonderful time away with friends so glad they had the chance to take part a wonderful experience.
- My son loved all of it and it was his first time away without me! He seems to be more independent now.
- Thank you for organising it! Great to know about open day beforehand as useful to see where they were going. Really lends itself to talking about it when back home.



# What the Parents said...

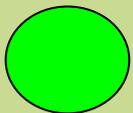
- Everyone at school should go - parents, teachers and kids! It's amazing!
- Very good value, good fun and a great learning experience.
- The children enjoyed hearing stories around the bonfire together with singing songs. Since returning I am really impressed with their table manners and the relationships they have developed with other children. I am delighted to see that X has been invited around to other children's houses after Minstead and they are much more willing to stay at other people's houses over night.



# What the Parents said...

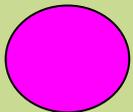
Just wanted to drop you a quick line to say how much my daughter, loved her visit to Minstead this week. She came back yesterday on a real high and hasn't stopped talking about it since, so a big thank you to you and Chris for giving the kids a wonderful experience and for doing such brilliant work. – it should be compulsory for every child in the country to come and see you!!

**[Minstead Study Centre Website](#)**



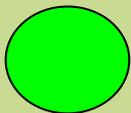
# Suitcases

- No vacuum packing your suitcases!
- Children to be trained in packing a suitcase
- Children must be able to carry their own suitcase!



# Things to Remember

- Clothes: day and night
- Outdoor shoes
- Full waterproofs (trousers and jacket)
- Long sleeved t-shirts and trousers
- Fleece/jumpers/hoodies
- Socks and underwear
- Nightwear - warm
- Wellington boots
- Reusable water bottle
- Sun hat/sun lotion (clearly labelled)
- Insect repellent (clearly labelled)
- Wash bag (no aerosols)
- Towel, (shower cap for long hair)
- Plastic bag for dirty laundry and spare bags for shoes
- Book, small game or teddy (if desired)
- No mobile phones, money or electrical items



# Things NOT to bring

- NO mobile phones



- NO electronic games



- NO really expensive cameras

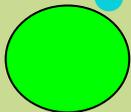
- Disposable cameras are great! Named!



- No money

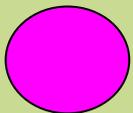


- No food



# What next?

- Children to have experienced sleeping away from home before the trip (friend, grandparents etc.)
- Get bags ready / practise packing and folding!
- Purchase any required clothing.
- All paperwork to be completed.





# Any Questions?

- For more information visit:  
<https://www.hants.gov.uk/educationandlearning/minsteadstudycentre>

