

Friday 5th June

Bikeability 2026

Dear Parent/Guardian,

We are looking forward to the return of Bikeability for Year 6. This will take place on:

Monday 13th July
Tuesday 14th July
Wednesday 15th July

On these days please make sure your child brings their bike into school **with a bike lock**. Children will be required to leave their bikes in the **ball court** and must all have their own individual bike locks that they can use.

Please complete the following form by **Friday 19th June** so that your child can take part: <https://consent.bikeability.org.uk/dream-reg-box> Alternatively, you can scan the QR code:



We encourage all children to take part, regardless of their experience on a bike. The team are very skilled in teaching beginners as well as those ready to ride on the road.

In preparation for the sessions you should ensure:

- o The saddle and handlebars are adjusted to the correct height;
- o Brakes are functioning;
- o Tyres are pumped up with no punctures;

These will be checked again by the members of staff before your child undertakes Bikeability.

It is also important that your child is dressed appropriately for the training:

- o It is a requirement that your child wears a properly fitted, undamaged cycle helmet throughout the scheme;
- o Children will need to wear their school PE kit on these days, making sure they have trousers or leggings on to cover their legs;
- o Think about the weather – if it's raining please ensure that your child has waterproof clothing with them;

- o Ensure your child is wearing suitable shoes or trainers;
- o High-visibility vests will be provided for each child on the day.

Many thanks for your support,

The Upper Junior Team

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'That they may have life; life in all its fullness' John 10:10

