



# PE AT A GLANCE

	AUTUMN ONE	AUTUMN TWO	SPRING ONE	SPRING TWO	SUMMER ONE	SUMMER TWO
<b>KEY STAGE 1</b> INDOOR	Dance	Dance	Static and Dynamic Balance	Static Balance	Counter Balance	Agility: Reaction/Response
<b>KEY STAGE 1</b> OUTDOOR	Fundamental Movement Skills	Fundamental Movement Skills	Throwing and Catching	Throwing and Catching	Attacking and Defending Games	Attacking and Defending Games
<b>LOWER JUNIORS</b> INDOOR	Creative Gymnastics	Creative Dance	Creative Gymnastics - wall bars	Athletics	Athletics	Strike/field Rounders
<b>LOWER JUNIORS</b> OUTDOOR	Cross Country	Hand + Stick Invasion Tri-golf	Hand + Foot invasion Netball	Net/wall games Tennis	Strike/field Cricket	Hand + stick invasion Quick sticks
<b>UPPER JUNIORS</b> INDOOR	Creative Gymnastics	Creative Dance	Creative Gymnastics - wall bars	Athletics	Athletics	Strike/field Rounders
<b>UPPER JUNIORS</b> OUTDOOR	Cross country	Hand and stick invasion Tri Golf	Hand and foot invasion Netball	Net/wall games Tennis	Strike/field Cricket	Hand and stick invasion Hockey